

September 2022

Bonita School

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Corn Dog Fruit & Veg	Enjoy your Weekend!
5 Labor Day No School	6 Chicken Strips Fruit & Veg	7 BBQ Pork Sand. Fruit & Veg	8 Baked Ziti Fruit & Veg	Enjoy your Weekend!
12 Pizza Fruit & Veg	13 Green Chili (pork) Burrito Fruit & Veg	14 Chicken Sand Fruit & Veg	15 Nachos Fruit & Veg	Enjoy your Weekend!
19 Cheeseburger Fruit & Veg	20 Mac & Cheese Fruit & Veg	21 Soft Taco Fruit & Veg	22 Fair Day No School	Enjoy your Weekend!
26 Chicken Tenders Fruit & Veg	27 Spaghetti w/ Breadstick Fruit & Veg	28 Grilled Cheese w/ Tomato Soup Fruit & Veg	29 Cowboy Day Lunch is provided	Enjoy your Weekend!

Meals include fruit & vegetable

Stay Safe!

Healthy Snacks are GREAT!

You are now required to take a fruit or a vegetable with all meals to comply with HHFKA and USDA Federal regulations.

We offer a variety of fruits and vegetables daily on our Garden Bar. Please serve yourself.

We offer fat-free flavored milks along with 1% white and fat-free white milk with all meals.

USDA is an Equal Opportunity Provider