



# NOVEMBER 2022

## BONITA ELEMENTARY SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Baked Ziti Fruit & Veg	2 Nachos Fruit & Veg	3 Pizza Fruit & Veg	4
7 Hot Dog Fruit & Veg	8 Chicken Tenders Fruit & Veg	9 BBQ Sandwich Fruit & Veg	10 Spaghetti Fruit & Veg	11
14 Chicken Sandwich Fruit & Veg	15 Cheese Enchiladas Fruit & Veg	16 Cheeseburger Fruit & Veg	17 Domino's Pizza Fruit & Veg	18
21 Corn Dog Fruit & Veg	22 Thanksgiving Feast	23 Thanksgiving Break	24 Thanksgiving Break	25
28 Chicken Nuggets Fruit & Veg	29 Hot Ham & Cheese Sliders Fruit & Veg	30 Chicken Alfredo Fruit & Veg		

You are now required to take a fruit or vegetable with all meals to comply with HHFKA and USDA Federal regulations.

We offer a variety of fruits and vegetables daily on our Garden Bar. Please serve yourself. We offer fat-free flavored milks along with 1% white with all meals.

USDA is an Equal Opportunity Provider