

You must select at least 3 of 5 offered components:

Meat/Meat Alternative, Grain, Veggie, Fruit, Milk

One selection must be ½ cup fruit or veggie!

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

We offer a variety of fruits and vegetables daily on our Garden Bar. Please serve yourself. We offer fat-free flavored milks along with 1% white, with all meals.